



THE SPA

AT THE MERCHANT HOTEL

Treatment Menu



Body Treatments and Massage

VOYA Jet Lag Revitalising Treatment

60 minutes - £95

For voyagers who experience the negative effects of long-haul travel, including discomfort from leg swelling and sore neck and shoulders. Begin with a back and shoulder massage then follow with a revitalising foot scrub to help increase the circulation to your legs. Float away and enjoy a lower limb draining massage to help with any fluid retention. Unwind your mind while your legs are wrapped in a seaweed nourishing compress. Whilst the seaweed gets to work enjoy a scalp massage to ease any tension in your head.

VOYA Organic Peppermint and Seaweed Sugar Glow

60 minutes - £95

This all-over exfoliation treatment awakens the skin and body. Featuring a beautiful mix of organic peppermint leaf, seaweed and sugar, dead skin cells are gently removed while introducing you to the uplifting effects of our peppermint essential oil.

Elemis Lime and Ginger or Frangipani Salt Scrub

60 minutes - £95

Fragranced salt will gently take away dead skin cells, encouraging the regeneration of new cells. It leaves a smooth and responsive canvas, ready to absorb the deeply nourishing body oil.

VOYA Full Body Massage

60 minutes - £95

These freestyle massages use your choice of oil to massage away tension in your body.

Choose from the following:

Uplift - Angelicus Serratus

Relax - Mindful Moments Muscle

Relief - Ginger Chai

Stress Relief Massage

60 minutes - £95

This ultimate customised massage experience is designed for the sole purpose of stress relief. It is a medium pressure massage that focuses on your main tension points: head, neck, shoulders, back and feet.

The Merchant Back, Neck and Scalp Massage

45 minutes - £80

This massage is perfect for anyone with any tension in their back and shoulders. Using a nourishing oil, the knots are eased away as your body becomes revitalised.

Body Treatments and Massage

Aching Muscle Massage

45 minutes - £80

This massage concentrates on the back of your body so it is perfect for easing away tension in your neck, shoulders, calves and feet with our unique eucalyptus and clove body balm.

VOYA Foot Ritual

45 minutes - £75

To re-charge circulation of the lower limbs and refine your skin you will first enjoy a Sea Salt Scrub exfoliation to your feet and lower legs. This is followed by a deeply relaxing massage of the lower legs after which your legs are wrapped in warmed

Atlantic seaweed leaves to detoxify, increase circulation and revive tired feet and legs. To complete this treatment, nourishing body lotion is massaged into your legs and feet.



Pre-Natal Treatment

Mums-to-be deserve some pampering too.
This is the perfect treatment to nourish and protect your skin during this special time.

VOYA Pre-Natal Voyager

60 minutes - £95

A relaxing, organic, wellbeing ritual promoting relaxation and a sense of tranquillity while deeply hydrating and nourishing your skin. Nourishing Mama Oil is used to gently ease stress and tension with a top-to-toe body, face and scalp massage.

Melt away the aches and pains of pregnancy and feel comfortably cocooned, supported, and restored.



Facial Treatments

VOYA Self Discovery Radiance Facial

60 minutes - £90

Purifying | Ultra Calming | Intensive Hydra Veil

Allow VOYA to tailor your facial to your skin's unique needs. Begin with a comprehensive skin analysis and choose specific facial products to target your particular skin concerns. Using a combination of gentle exfoliators, serums and masks, this facial helps transform your skin leaving it feeling purified, nourished and perfectly balanced.

VOYA Anti-Age Restorative Facial

75 minutes - £110

Suitable for all skin types, particularly for those in search of anti-aging results. Made using VOYA's finest organic ingredients combined with anti-oxidant algae and a restorative blend of aromatherapy oils, this treatment helps to stimulate collagen production and reduce the appearance of fine lines and wrinkles. This results in instantly firmed and tightened skin.

VOYA AHA Resurfacing Facial

45 minutes - £75

A highly effective resurfacing facial that targets congested, lacklustre, and dull skin. Using a combination of seaweed extract and lactic acids with pineapple fruit enzymes, this facial will give your skin back its natural radiant glow. Our advanced exfoliation treatment assists in diminishing fine lines and brightening the skin's appearance.

Elemis Pro Collagen Facial

60 minutes - £90

Tackle fine lines and wrinkles with the clinically proven age defying benefits of marine-charged Padina Pavonica and Red Coral. The targeted massage encourages optimum cellular function for nourished, younger looking skin.

Elemis Dynamic Resurfacing Precision Peel

60 minutes - £90

Clinically proven to target the signs of ageing and uneven skin tone, this pioneering precision treatment uses layers of enzymes for powerful exfoliation and skin renewal. A new start for smoother, younger looking skin.

Elemis Superfood Radiance Facial

60 minutes - £90

A nutritional boost rich in super foods and essential minerals designed to pack stressed, dull skin with energising, detoxifying actives. Clinically proven to leave skin plumper and radiant with good health and banish puffiness and dark shadows from the eye area.

Elemis Skin Solutions Personalised Facial

60 minutes - £90

Your skin is cleansed, exfoliated and treated with products that are selected by our skin therapists to suit your skin's personal needs.

Treatment Rituals

Elemis Tranquility Facial

90 minutes - £135

This facial treat begins with a back massage to ease away neck and shoulder tension before moving on to the Pro Collagen Facial which tackles fine lines and wrinkles.

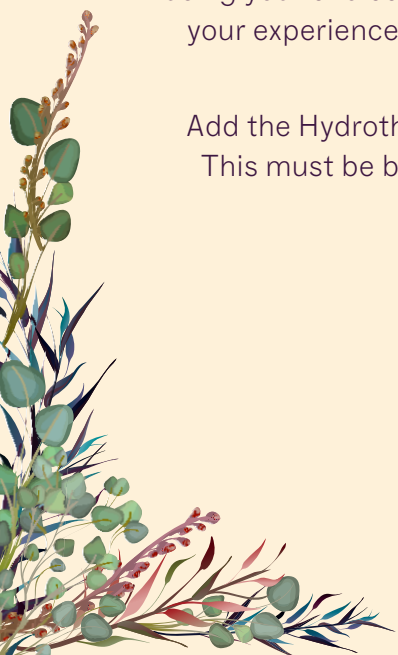
Specialised lifting massage techniques are combined with professional strength anti-ageing formulations for maximum treatment effect, leaving a firmer, uplifted, more youthful looking appearance.

The Perfect Duo

60 minutes - £90

This is the perfect treat for when you want to indulge in a massage but your skin needs some TLC too. Enjoy a back massage followed by a customised mini facial using your choice of Elemis or VOYA products. Complete your experience with a glass of Valdo Prosecco in the Relaxation Room.

Add the Hydrotherapy Experience for £15 per person.
This must be booked at time of treatment booking.



The Elemis Indulgence Ritual

3 hours - £190

Melt away stress with a full body massage using one of the Elemis Elixirs. This is followed by a Superfood Radiance Facial to give your skin a nutritional boost rich in superfoods and essential minerals designed to revitalise dull, tired skin.

The Elemis Indulgence Ritual includes:

60 minute Hydrotherapy Experience

60 minute Full Body Massage

60 minute Elemis Superfood Radiance Facial

Glass of bubbles in the Relaxation Room

The VOYA Restorative Ritual

3 hours - £190

This treatment starts with a back and leg massage to induce relaxation and gently melt away muscular tension. Then we re-charge circulation in your feet and refine your skin with a sea salt scrub exfoliation followed by your feet being wrapped in warm Atlantic seaweed leaves.

This is then followed with a Self-Discovery Facial which is tailored to your individual skincare needs. Complete your experience with a glass of bubbles in our Relaxation Room.

The VOYA Restorative Ritual includes:

60 minute Hydrotherapy Experience

30 minute Back of Body Massage

30 minute Foot Treatment

60 minute Self-Discovery Facial

Hydrotherapy Experience

60 minutes - £40

Add on to any 60 minute treatment - £15

Thermal Lounger

The contoured thermal lounger is gently heated for a relaxing and re-energising experience.

Sauna

A traditional wood-lined sauna using dry heat to generate sufficiently high temperatures to trigger the body's own natural boost to the immune system.

Aroma Steam Room

Combining the effects of warm steam and aromatic essential oils to decongest the skin, clear the mind and purify the body.

Hydropool

Relax in the hydropool, with shoulder and neck massage jets and relaxing air loungers. The pool offers the perfect environment to relax and rejuvenate.

Drench Showers

Invigorate the body under the multisensory drench shower.

Ice Fountain

Use the crushed ice to counteract the warming effects of the thermal experiences.

Private Use

We can arrange private use of the spa for your party or celebration. We specialise in bespoke packages to suit your needs. For further details, please contact a member of our spa team.

Please note the Hydrotherapy Experience does not include use of The Merchant Gym Roof Top Hot Tub.

Terms and conditions apply. To view our terms and conditions,
please visit our website: www.themerchanthotel.com/spa

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