

# THE SPA

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AT THE MERCHANT HOTEL

## Treatment Menu





# Body Treatments and Massage

## VOYA Jet Lag Revitalising Treatment

55 minutes - £100

For voyagers who experience the negative effect of long-haul travel, including discomfort from leg swelling, and sore neck and shoulders. Begin with a back and shoulder massage then follow with a revitalising foot scrub to help increase the circulation to your legs.

Float away and enjoy a lower limb draining massage to help with any fluid retention. Unwind your mind while your legs are wrapped in a seaweed nourishing compress. Whilst the seaweed gets to work enjoy a scalp massage to ease any tension in your head.

## VOYA Organic Peppermint and Seaweed Sugar Glow

55 minutes - £100

This all-over exfoliation treatment awakens the skin and body. Featuring a beautiful mix of organic peppermint leaf, seaweed, and sugar, dead skin cells are gently removed while introducing you to the uplifting effects of our peppermint essential oil.

## Elemis Lime and Ginger or Frangipani Salt Scrub

55 minutes - £100

Fragranced salt will gently take away dead skin cells, encouraging the regeneration of new cells. It leaves a smooth and responsive canvas ready to absorb the deeply nourishing body oil.

# Body Treatments and Massage

## VOYA Full Body Massage

55 minutes - £100

These freestyle massages use your choice of oil to massage away tension in your body.

*Choose from the following:*

**Uplift** - Angelicus Serratus | **Relax** - Mindful Moments

**Muscle Relief** - Ginger Chai

## Stress Relief Massage

55 minutes - £100

This ultimate customised massage experience was designed for the sole purpose of stress relief. It is a medium pressure massage that focuses on your main tension points: head, neck, shoulders, back and feet.

## The Merchant Back, Neck and Scalp Massage

40 minutes - £85

This massage is perfect for anyone with any tension in their back and shoulders. Using a nourishing oil, the knots are eased away with targeted massage techniques throughout the upper body area.

## Organic Foot Ritual

40 minutes - £80

Enjoy a Peppermint and Seaweed Sugar Scrub exfoliation to your feet and lower legs followed by a deeply relaxing massage to re-charge circulation and refine your skin. Your feet and lower legs are then wrapped in warmed Atlantic seaweed leaves to detoxify them. Nourishing body lotion is massaged in to complete this treatment.

# Nurturing Pregnancy Treatments

Mums-to-be deserve some pampering too. This is the perfect treatment to nourish and protect your skin during this special time.

## Organic Pre-Natal Voyager

70 minutes - £115

A relaxing, organic, wellbeing ritual promoting relaxation and a sense of tranquillity while deeply hydrating and nourishing your skin. Nourishing Mama oil is used to gently ease stress and tension with a top to toe body, face and scalp massage. Melt away the aches and pains of pregnancy and feel comfortably cocooned, supported, and restored.

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## Facial Treatments

### VOYA Self Discovery Radiance Facial

55 minutes - £95

Allow VOYA to tailor your facial to your skin's unique needs. Begin with a comprehensive skin analysis and choose specific facial products to target your particular skin concerns. Using a combination of gentle exfoliators, serums and masks, this facial helps transform your skin leaving it feeling purified, nourished and perfectly balanced.



## **Facial Treatments**

### **Elemis Pro Collagen Facial**

55 minutes - £95

Tackle fine lines and wrinkles with the clinically proven age defying benefits of marine-charged Padina Pavonica and Red Coral. The targeted massage encourages optimum cellular function for nourished, younger looking skin.

### **Elemis Dynamic Resurfacing Precision Peel**

55 minutes - £95

Clinically proven to target the signs of ageing and uneven skin tone, this pioneering precision treatment uses layers of enzymes for powerful exfoliation and skin renewal. A new start for smoother, younger looking skin.

### **Elemis Superfood Radiance Facial**

55 minutes - £95

A nutritional boost rich in super foods and essential minerals designed to pack stressed, dull skin with energising, detoxifying actives. Clinically proven to leave skin plumper and radiant with good health, and banish puffiness and dark shadows from the eye area.

### **Elemis Skin Solutions Personalised Facial**

55 minutes - £95

Your skin is cleansed, exfoliated and treated with products that are selected by our skin therapists to suit your skin's personal needs.

## Pro Glow BIOTEC Menu

### Pro-Glow Renewal Facial+

50 minutes - £100

#### For a healthy gorgeous glow

Elemis' signature deep cleansing skin wellness facial harnesses the goodness of prebiotics and antioxidants to deliver a healthy-looking, 'lit-from-within' glow. After just one treatment, skin looks visibly refreshed and rebalanced.

*Supercharged with  
ELEMIS BIOTEC 2.0: Ultrasonic Resurfacing*

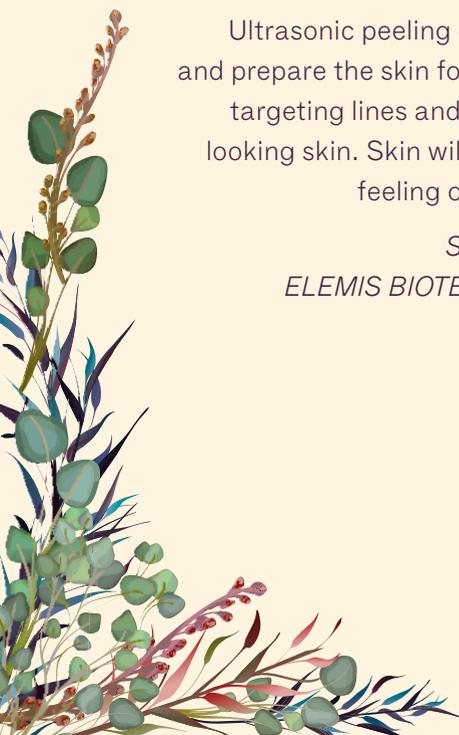
### Pro-Glow Smooth Facial+

50 minutes - £100

#### The ultimate HIIT workout for your skin

Ultrasonic peeling exfoliates dead skin cells to smooth and prepare the skin for line-fighting microcurrent technology, targeting lines and wrinkles for more radiant, youthful looking skin. Skin will appear more vibrant, with improved feeling of firmness and elasticity.

*Supercharged with  
ELEMIS BIOTEC 2.0: Ultrasonic, Microcurrent  
and O2 Infusion*



# Pro Glow BIOTEC Menu

## Pro-Glow Brilliance Facial+

50 minutes - £100

### Your recipe for radiance

Experience our ultrasonic peel technology and brightening enzymes to deep clean and remove visible pollutants, make-up and city grime for happy, healthy skin. Hydrating technology and antioxidant-rich superfoods will plump and smooth with a super-charged air massage to breathe life into your skin. Immediately revealing a super-healthy complexion, you'll look and feel more radiant, relaxed, and glowing.

*Supercharged with*

*ELEMIS BIOTEC 2.0: Ultrasonic, O2 Infusion and Galvanic*

## Pro-Glow Resurface Facial+

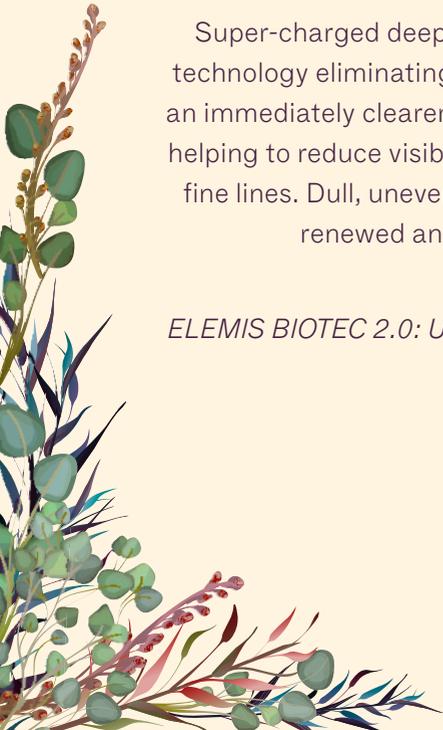
50 minutes - £100

### Reveal stunningly smooth skin

Super-charged deep cleansing and powerful ultrasonic peel technology eliminating visible pollutants, dirt and impurities for an immediately clearer, brighter complexion. Gently resurfacing, helping to reduce visible dryness and smooth the appearance of fine lines. Dull, uneven, tired-looking skin will appear instantly renewed and stunningly smooth and clear.

*Supercharged with*

*ELEMIS BIOTEC 2.0: Ultrasonic, LED Light Therapy and Galvanic*



# HydraFacial

Only HydraFacial uses a unique, patented Vortex-Fusion delivery system to exfoliate, extract and hydrate skin. Suitable for all skin types, the spiral design of HydroPeel® Tips, used in conjunction with the HydraFacial vacuum technology and serums, creates a vortex effect to easily dislodge and remove impurities while simultaneously delivering hydrating skin solutions that create an instantly noticeable glow:

## The six steps of HydraFacial

### Pre-cleanse

Begin with a removal of daily build up on the skin's surface.

### Detox

Lymphatic drainage that improves circulation of the lymph system and helps to eliminate toxins.

### Cleanse & Peel

Uncover a new layer of skin with gentle exfoliation and relaxing resurfacing.

### Extract & Hydrate

Remove debris from pores with painless suction. Nourish with intense moisturisers that quench skin.

### Fuse & Protect

Saturate the skin's surface with antioxidants and peptides to maximise your glow.

### Rejuvenation

Finish with red and infrared LED light to reduce redness and further stimulate collagen, supporting the natural production of vitamin D.

# HydraFacial

## Deluxe HydraFacial

45 minutes - £130

The Deluxe HydraFacial uses the HydraFacial's famous 6 step process to detox, deeply cleanse, extract, infuse and rejuvenate the skin.

## Platinum HydraFacial

60 minutes - £155

This is the ultimate HydraFacial experience. The Platinum HydraFacial includes the famous 6 step process with an added 7<sup>th</sup> step to infuse the skin with tailored boosters selected especially for your skin type by our trained therapists.



# Treatment Rituals

## The Perfect Duo

55 minutes - £105

This is the perfect treat for when you want to indulge in a massage but your skin needs some TLC too. Enjoy a back massage followed by a customised mini facial using Elemis products. Complete your experience with a glass of Prosecco in the Relaxation Room.

### The Elemis Perfect Duo includes:

Back massage | 25 minutes

Elemis customised facial | 30 minutes

Finish in the relaxation room with a glass of Prosecco

*Add a 60 Minute Hydrotherapy Experience for £20 per person*

## The Elemis Trio of Treats

70 minute treatment

with 60 minute Hydrotherapy - £130

Begin with a muscle easing back massage to melt away your tension. An Elemis mini facial with cleansing, exfoliation and a mask will soothe and brighten your skin before a cooling and refreshing foot massage to finish.

### The Elemis Trio of treats include:

Hydrotherapy Experience | 60 minutes

Back massage | 20 minutes

Personalised Elemis facial | 35 minutes

Foot massage | 15 minutes

Finish in the relaxation room with a glass of Prosecco

# Treatment Rituals

## The Elemis Indulgence Ritual

110 minute treatment  
with 60 minute Hydrotherapy - £205

Melt away stress with a full body massage using one of the Elemis Elixirs. This is followed by a Superfood Radiance facial to give your skin a nutritional boost rich in superfoods and essential minerals designed to revitalize dull, tired skin.

### The Elemis Indulgence Ritual includes:

Hydrotherapy Experience | 60 minutes

Full body massage | 55 minutes

Elemis Superfood Radiance facial | 55 minutes

Finish in the relaxation room with a glass of Prosecco



# Treatment Rituals

## The VOYA Restorative Ritual

3 hours - £215

This treatment starts with a back and leg massage to induce relaxation and gently melt away muscular tension. Then we re-charge circulation in your feet and refine your skin with a sea salt scrub exfoliation followed by your feet being wrapped in warm Atlantic seaweed leaves.

This is then followed with a Self-Discovery facial which is tailored to your individual skincare needs. Complete your experience with a glass of bubbles in our Relaxation Room.

### The VOYA Restorative Ritual includes:

Hydrotherapy Experience | 60 minutes

Back massage | 30 minutes

Foot treatment | 30 minutes

Self-Discovery facial | 60 minutes



## Hydrotherapy Experience

60 minutes - £45

Add on to any 55 minute treatment - £20

### Thermal Lounger

The contoured thermal lounger is gently heated for a relaxing and re-energising experience.

### Sauna

A traditional wood-lined sauna using dry heat to generate sufficiently high temperatures to trigger the body's own natural boost to the immune system.

### Aroma Steam Room

Combining the effects of warm steam and aromatic essential oils to decongest the skin, clear the mind and purify the body.

### Private Use

We can arrange private use of the spa for your party or celebration. We specialise in bespoke packages to suit your needs. For further details, please contact a member of our spa team.

**Please note** *the Hydrotherapy Experience does not include use of The Merchant Gym Roof Top Hot Tub.*

### Hydropool

Relax in the hydropool, with shoulder and neck massage jets and relaxing air loungers. The pool offers the perfect environment to relax and rejuvenate.

### Drench Showers

Invigorate the body under the multisensory drench shower.

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Terms and conditions apply. To view our terms and conditions, please visit our website: [www.themerchanthotel.com/spa](http://www.themerchanthotel.com/spa)



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