



THE
MERCHANT
SPA

▶ BROCHURE ◀



Welcome to
The Merchant Spa

A Sanctuary in the City

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The Spa at The Merchant is a stunning destination spa in the heart of Belfast's Cathedral Quarter.

With five treatment rooms, a relaxation room, in-spa dining and a hydrotherapy area, this restful space is a quiet haven away from the hustle and bustle of daily life.

heaven
DARPHIN
COSMEDIX.

Products and Therapies

Our therapies have been created to meet the needs of each individual and our products carefully selected to complement that philosophy. Our highly trained therapists are committed to excellence and take pride in delivering personalised service.

Our signature product range from Darphin is inspired by a deep respect for nature, using the finest, highest quality ingredients to provide effective

treatments. We also provide the award winning range of Heaven Skincare by Deborah Mitchell, which are packed with the highest concentrations of the very best ingredients for intense and dramatic results.

The CosMedix range of treatments use the finest plant based ingredients combined with Nobel prizewinning chemistry for effective skincare with proven results.

The thermal and hydro experiences cleanse, rejuvenate and relax the body and mind.



— **Hydrotherapy Experience**
60 minutes — £35

Thermal Lounger

The contoured thermal lounger is gently heated for a relaxing and re-energising experience.

Sauna

A traditional wood-lined sauna using dry heat to generate sufficiently high temperatures to provoke the body to trigger its own natural boost to the immune system.

Aroma Steam Room

Combining the effects of warm steam and aromatic essential oils to decongest the skin, clear the mind and purify the body.

Hydropool

Relax in the hydropool, with shoulder and neck massage jets, relaxing air loungers for body massage and invigorating geysers. The pool offers the perfect environment to relax and rejuvenate.

Drench Showers

Invigorate the body under the multisensory drench shower.

Ice Fountain

Use the crushed ice to counteract the warming effects of the thermal experiences.

— **The Spa Taster**
90 minutes — £75

Have a relaxing Hydrotherapy Experience for an hour then enjoy one 35 minute treatment. Choose one of the following: taster facial, back massage, head and neck massage. Finish in the relaxation room.

— **Private Use**

We can arrange private use of the spa for your party or celebration. We would be delighted to tailor a package to suit your needs. For further details, please contact a member of our spa team.

— **Food and Beverage Offering**

With a dedicated spa dining area, we are delighted to offer a range of food and beverage menus to complement your time in the spa.

— Please note the Hydrotherapy Experience does not include use of the rooftop hot tub.

— The Hydrotherapy Experience is available to overnight guests of The Merchant Hotel for the reduced rate of £15 per person.



Body Massage and Body Treatments



— **Hot Stone Massage**
80 minutes — £95
60 minutes — £75

The body is massaged with a highly concentrated blend of aromatherapy oils using volcanic hot stones. Stones are carefully placed on the body's chakras at vital energy points and on both the hands and feet for balance and grounding. The end result is a rejuvenated sense of equilibrium.

— **Heavenly Detoxifying Massage**
45 minutes — £65

This massage is a detoxifying treatment to help eliminate toxins in the body and tone and firm the skin while helping to ease any aches and pains. Using the Heaven Detox Oil, this will leave your skin feeling super soft and your body feeling rejuvenated and relaxed.

— **Stress Relief Massage**
60 minutes — £75

This ultimate customised massage experience was designed for the sole purpose of stress relief. It is a medium pressure massage that focuses on your main tension points: head, neck, shoulders, back and feet.

— **Classic Full Body Massage**
60 minutes — £70

A full body massage using nourishing oil. Based on Swedish massage techniques to relax the body.

— **Aromatherapy Massage**
60 minutes — £75

Uses relaxing techniques combined with specially blended oils chosen to suit your mood. This massage will take you on a journey of relaxation and wellbeing.

— **Darphin Harmony Body Massage**
60 minutes — £80

This signature massage uses rhythmical techniques to relax the deepest tension in the gentlest way. Using a blend of Darphin essential oils this massage improves circulation to oxygenate the skin and reveal a healthy glow. The mind and body are left energised and in a state of harmony.

— **Darphin Personalised Refining Body Polish**
60 minutes — £85

This treatment will relax and exfoliate, polishing away dead skin cells to smooth and soften even the most delicate skin, while boosting the body's natural energy resources to revitalise and hydrate, leaving the skin fully energised.

— **Merchant Signature Back, Neck and Scalp Massage**
50 minutes — £60

If you feel tension and tightness across your back, neck and shoulders, try this combination of deep massage techniques to soothe away the stress.



Darphin Facials

— **Darphin Intense Hydration Facial**
60 minutes — £75

This intensive hydrating facial provides a radiant complexion.

— **Darphin Deep Soothing Facial**
60 minutes — £75

A calming cocoon for sensitive skin. Redness is reduced to reveal a smooth, even-toned complexion.

— **Darphin Pure Balancing Facial**
60 minutes — £75

A deeply purifying and detoxifying treatment for oily/combo skin.

— **Darphin Total Anti-Ageing Facial**
60 minutes — £80
90 minutes — £110

This deeply nourishing anti-ageing treatment will lift, firm and tone your skin as well as help to reduce redness, age spots and the appearance of wrinkles for a rejuvenated complexion that refines pores and leaves the skin refreshed, sparkling clean, clear and bright.

Heaven Facials

— **The Bee Venom Facial**
by Deborah Mitchell
60 minutes — £80

A natural alternative to Botox and the first product of its kind. This unique, relaxing facial treatment has been specially created using natural and organic ingredients, combined to work in synergy for an instant anti-ageing effect, leaving you looking and feeling instantly younger.

— **The Heaven Customised Facial**
60 minutes — £75

If you are unsure of what your skin needs, this is the facial for you. No two skins are the same and in this customised facial we tailor the treatment to suit each individual skin type, leaving skin feeling soft and smooth.

See page 17 for our full range of CosMedix facial treatments.



The Merchant Signature Treatments

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— **The Merchant Signature Salt Scrub**
60 minutes — £75

An invigorating, re-mineralising experience which uses thermal salt in this exfoliation of natural minerals to thoroughly energise and smooth the body.

— **The Merchant Signature Mud Wrap**
90 minutes — £100

Rejuvenates the body, soothing tired muscles and brightening dull skin. This full body wrap includes an optional facial application.

— **The Merchant Signature Energising Treatment**
120 minutes — £120

An invigorating salt scrub infused with essential oil helps stimulate circulation before nourishing spirulina algae envelops the body. An energising massage then firms and invigorates.

— **The Merchant Signature Skin Revitalising Massage**
45 minutes — £60

Using a nourishing facial oil this relaxing massage focuses on the neck, décolletage, face and scalp, deeply nourishing the skin leaving it feeling soft and hydrated.



— **Darphin Made for Men Facial**
60 minutes — £75

A high-powered revitalising treatment tailored to suit specific skin concerns; from deep cleansing and anti-aging to hydration and ultimate relaxation.

— **Men's Hand and Nail Grooming**
35 minutes — £35

Includes file, cuticle tidy, buff, hand exfoliation and massage.

— **Ginger Warming Massage**
60mins — £80

Relieve muscle tension and provide an energy release to harmonise the body in this warming and invigorating massage which can be tailored to your needs.

— **Gentlemen's Rescue**
2 hours — £135

Completely indulge and unwind with a relaxing full body massage, guaranteed to melt away stress and relieve tension; followed by a gentlemen's spa facial to rehydrate, exfoliate and moisturise your skin, complete with a pressure point scalp massage.



Introducing CosMedix

The finest plant based ingredients combine with Nobel prize winning chemistry for gentle, effective skincare with proven results. CosMedix's chirally correct peels encourage healthy change in the skin and assist in the creation of a beautiful and renewed appearance.

— The Merchant Signature Medi Facial and 7-point Skin Analysis Level One 60 minute — £85

A luxurious treatment that combines cleansing, exfoliation, hydration and antioxidant protection, resulting in clearer, more beautiful skin. Each treatment is customised utilising a variety of masks and serums to ensure superior results. This treatment will improve the appearance of fine lines and wrinkles, and help to polish and smooth the texture of the skin instantly revealing a beautiful glow.

This treatment can be tailored to suit rosacea, sensitive skin, acne prone skin and pregnant or nursing women.

— The Merchant Signature Advanced Medi Facial and 7-point Skin Analysis Level Two 60 minute — £100

This advanced facial can only be offered to guests who have had our Level One Signature Facial and are currently using CosMedix products at home. As your skin will be accustomed to the ingredients, you can now tolerate more advanced ingredients on your skin.

Each treatment utilises a range of skin infusions, serums and masks tailored to suit your specific skin concerns, and is particularly good for reducing pigmentation, brightening the skin, reducing the appearance of fine lines and wrinkles and dramatically revitalising the skin.



Nurturing Pregnancy Treatments



— Nurturing Pregnancy Massage 60 minutes — £75

This experience has been carefully designed for mums-to-be to aid relaxation. Combining the healing power of essential oils this massage helps you attain inner balance and restore your energy levels.

— Nurturing Pregnancy Pamper 120 minutes — £135

Begin your Nurturing Pregnancy Pamper with a full body massage focusing on the back, legs and feet to relieve tension in the body. Then follow with a relaxing facial to soothe the skin.

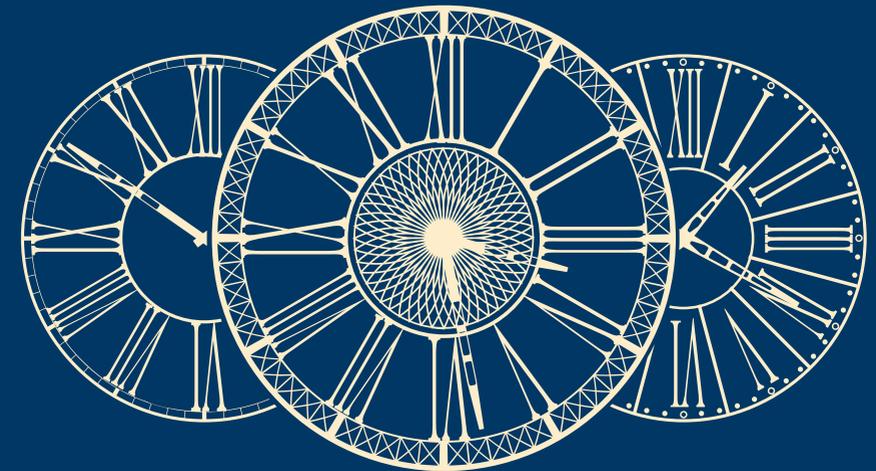
— Nurturing Pregnancy Bespoke Facial 60 minutes — £75

An incredibly relaxing facial that begins with a stress relieving foot massage. Following this, your skin will be nourished and revitalised with a soothing and hydrating facial using products especially selected for your unique needs.

Express Menu

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Short on time but still need pampering?
These fabulous treatments are just
35 minutes long.



— Express Heaven Facial — £45 Cleanse, exfoliate, massage and treat.

— Express Darphin
Bespoke Facial — £45
Cleanse, massage and mask application.

— Classic Back, Neck and Shoulder
Massage — £45
Using nourishing oil we knead and
massage away tension in your back.

— Aroma Neck and
Scalp Massage — £45
Using aromatherapy oils
of your choice.

— Express Manicure — £40
File, cuticle tidy, moisturise
and polish.

— Express Pedicure — £40
Scrub, cuticle tidy, file and polish.

Full and Half Day Programmes

Full and half day programmes include full use of our thermal and hydro experiences providing 'hands off' therapies to cleanse, rejuvenate and relax the body and mind.

We have a full spa dining menu available from light snacks to afternoon tea. Valet parking can also be arranged prior to your arrival.

Full and half day programmes can be designed to suit your individual needs, price will be determined at the time of booking.



Total Indulgence Package

6 hours approximately
— £245

Includes a two course lunch served in our spa dining area.

— **Hydrotherapy Experience**
60 minutes

Full use of our Thermal Suite and Hydrotherapy Pool to rejuvenate and relax the body and mind.

— **The Merchant Signature Scrub and Mud Wrap**
60 minutes

Rejuvenates the body, soothing tired muscles and brightening dull skin.

— **Aromatherapy Massage**
60 minutes

The body is massaged with a highly concentrated blend of aromatherapy oils especially chosen to suit your mood.

— **Bespoke Facial**
60 minutes

Tailored to suit your skin type this facial hydrates and soothes the skin.

Simply Spoilt Package
4 hours approximately
— £185

Includes a two course lunch served in our spa dining area.

— **Hydrotherapy Experience**
60 minutes

Full use of our Thermal Suite and Hydrotherapy Pool to rejuvenate and relax the body and mind.

— **Aromatherapy Massage**
60 minutes

Using relaxing techniques combined with specially blended oil chosen to suit your mood. This massage will take you on a journey of relaxation and wellbeing, whilst clearing the mind.

— **Extreme Hydration Facial**
60 minutes

Intensive hydrating treatment, quenches dehydrated skin. The intensive hydrating facial provides a radiant complexion.

Heaven Afternoon Tea Ritual

3 hours approximately
— £145

Includes our famous Afternoon Tea served in our spa dining area.

— **Hydrotherapy Experience**
60 minutes

Full use of our Thermal Suite and Hydrotherapy Pool to rejuvenate and relax the body and mind.

— **Back Massage and Facial**
75 minutes

Begin with a back massage to ease any aches and pains and follow with the famous Bee Venom Facial.



— Bio Sculpture Nails

This unique gel is a coloured overlay applied to your natural nail like a permanent polish. It is an advanced nail treatment that strengthens and conditions nails. The flexible coating moves with the nails, protecting them, whilst allowing them to grow without breaking. Thin, strong, and flexible with a glossy finish, the coloured gel formula dries instantly under LED light and will not chip or smudge.

Bio Sculpture Gel's pre and post manicure treatments contain natural ingredients to improve the nail condition and protect it from damage.

- Bio Sculpture gel overlay colour - £45

- Bio Sculpture gel overlay French polish - £49

Relax and enjoy a complimentary glass of Moët Champagne with your Bio Sculpture manicure.

Please note you must come to your Bio Sculpture appointment with no gel or artificial nails in place.

We can only remove gel that we have applied in our spa. Please inform the reception team if you need your previous set of Bio Sculpture nails removed before your appointment as this will affect your treatment time.

— Spa Deluxe Manicure

60 minutes — £60

— Spa Deluxe Pedicure

60 minutes — £60

Our pedicures are performed in our treatment rooms to ensure maximum relaxation.



— Waxing

Full Leg	45 minutes	£35
Half Leg	25 minutes	£25
Bikini	10 minutes	£15
High Bikini	20 minutes	£20
Underarm	10 minutes	£15
Lip or Chin	10 minutes	£10
Eyebrow Wax	15 minutes	£15

— Lashes and Brows

Test patch 24 hours before appointment required

Eyelash Tint	20 minutes	£25
Eyebrow Tint	10 minutes	£15
Eyelash and Eyebrow Tint	25 minutes	£30

— Tanning

Vita Liberata Full Body Spray Tan	£30
Vita Liberata Full Body Invisi Spray Tan	£35

— Spa opening hours

Monday - Friday 9am - 8pm
Saturday and Sunday 9am - 7:30pm

— Spa reservations

For reservations or further information regarding The Spa at The Merchant Hotel please call 028 9026 2712 or email: thespa@themerchanthotel.com

All treatments are subject to availability therefore we would recommend bookings are made well in advance.

— Arrival time

We would ask that you arrive 15 minutes prior to your scheduled start time. This is to enable you to complete medical information, change, relax, unwind and familiarise yourself with your surroundings so the treatment can commence at the scheduled time. Please note that late arrival will result in the treatment time being reduced.

— Medical conditions

It is important that you advise us in advance of any health conditions, allergies or injuries which could affect your treatment when making your reservation.

— Service charge

A discretionary service charge of 10% will be added to your bill.

— Cancellation policy

You are respectfully advised that the full treatment cost will be incurred if less than 24 hours notice is given of an appointment postponement or cancellation. For non-resident clients, credit card details are required at the time of booking to secure your appointment. Group bookings of 5 people or more will require a £20 deposit per person

to secure the booking and the cancellation period will be stated on your booking form.

— Spa attire

Swimwear is obligatory within the hydrotherapy area. Upon arrival you will be provided with a luxury robe, towel and slippers. We want you to feel comfortable and relaxed during your body treatments but we must ask that undergarments be worn.

— Spa etiquette

To preserve the tranquillity of The Spa we request that all guests switch off their mobile phones and leave them within their locker. We request that guests keep noise to a minimum. The Spa at the Merchant Hotel is an adult only environment and open only to persons 18 and over.

— Valuables

Lockers are provided for your individual use, however, we recommend that you do not bring valuables into The Spa. The Spa at the Merchant Hotel does not accept any responsibility for loss or damage of personal items.

— Gift vouchers

Treat someone to the perfect gift with a gift voucher from The Spa at The Merchant Hotel. Vouchers can be redeemed against any spa treatment, spa package or used to buy products from the Spa Boutique.

— Please note

The Spa at The Merchant Hotel reserves the right to alter prices and change or discontinue services without prior notice.

The Gymnasium



The Spa at The Merchant Hotel is complemented by our state-of-the-art rooftop Gymnasium.

The facilities are available to hotel guests and also to non-residents with private membership.

Details of individual and corporate memberships, including exclusive benefits, are available on request.

Email gymnasium@themerchanthotel.com for more information.



The Spa at The Merchant Hotel
16 Skipper Street
Belfast, BT1 2DZ

www.themerchanthotel.com
T: 028 9026 2712
E: thespa@themerchanthotel.com
