

# THE SPA

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AT THE MERCHANT HOTEL

## Spa Treatment Menu

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### Body Treatments and Massage

#### **VOYA Jet Lag Revitalising Treatment**

*60 minutes - £82*

For voyagers who experience the negative effect of long haul travel, including discomfort from leg swelling and sore neck and shoulders. Begin with a back and shoulder massage then follow with a revitalising foot scrub to help you increase the circulation to your legs. Float away and enjoy a lower limb draining massage to help with any fluid retention. Unwind your mind while your legs are wrapped in a seaweed nourishing compress. Whilst the seaweed gets to work enjoy a scalp massage to ease any tension in your head.

#### **VOYA Organic Peppermint and Seaweed Sugar Glow**

*60 minutes - £82*

This all-over exfoliation treatment awakens the skin and body. Featuring a beautiful mix of organic peppermint leaf, seaweed and sugar, dead skin cells are gently removed while introducing you to the uplifting effects of our peppermint essential oil.

#### **Elemis Lime and Ginger or Frangipani Salt Scrub**

*60 minutes - £82*

Fragranced salt will gently take away dead skin cells, encouraging the regeneration of new cells. It leaves a smooth and responsive canvas, ready to absorb the deeply nourishing body oil.

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# Body Treatments and Massage

## **VOYA Full Body Massage** | 60 minutes - £82

These free style massages use your choice of oil to massage away tension in your body.

Choose from the following: Uplift

- Angelicus Serratus Relax
- Mindful Moments Muscle Relief
- Ginger Chai

## **Stress Relief Massage** 60 minutes - £82

This ultimate customised massage experience was designed for the sole purpose of stress relief. It is a medium pressure massage that focuses on your main tension points: head, neck, shoulders, back and feet.

## **The Merchant Back, Neck and Scalp Massage** 45 minutes - £69

This massage is perfect for anyone with any tension in their back and shoulders. Using a nourishing oil the knots are eased away.

## **Aching Muscle Massage** 45 minutes - £69

This massage concentrates on the back of your body so it is perfect for easing away tension in your neck, shoulders, calves and feet with our unique eucalyptus and clove body balm.

## **Organic Foot Ritual** 45 minutes - £50

To re-charge circulation of the lower limbs and refine your skin you will first enjoy a Sea Salt Scrub exfoliation to your feet and lower legs. This is followed by a deeply relaxing massage of the lower legs after which your legs are wrapped in warmed Atlantic seaweed leaves to detoxify, increase circulation and revive tired feet and legs. To complete this treatment, nourishing body lotion is massaged into your legs and feet.



## Nuturing Pregnancy Treatments

### **Organic Pre-Natal Voyager** | 60 minutes - £82

A relaxing, organic, wellbeing ritual promoting relaxation and a sense of tranquillity while deeply hydrating and nourishing your skin. Nourishing Mama Oil is used to gently ease stress and tension with a top to toe body, face and scalp massage. Melt away the aches and pains of pregnancy and feel comfortably cocooned, supported, and restored.

### **Elemis Peaceful Pregnancy Massage and Facial** | 90 minutes - £120

A combination of nourishing face and body treatments that tends to the unique requirements of mothers-to-be.



**Begin with a body massage and complete the experience with a nourishing facial treatment.**



# Facial Treatments

## **VOYA Self Discovery Radiance Facial** | *60 minutes - £82*

Purifying / Ultra Calming / Intensive Hydra Veil

Allow VOYA to tailor your facial to your skin's unique needs. Begin with a comprehensive skin analysis and choose specific facial products to target your particular skin concerns. Using a combination of gentle exfoliators, serums and masks, this facial helps transform your skin leaving it feeling purified, nourished and perfectly balanced.

## **VOYA Anti-Age Restorative Facial** | *75 minutes - £95*

Suitable for all skin types, particularly for those in search of anti-aging results. Made using VOYA's finest organic ingredients combined with anti-oxidant algae and a restorative blend of aromatherapy oils, this treatment helps to stimulate collagen production and reduce the appearance of fine lines and wrinkles. This results in instantly firmed and tightened skin with a natural and more radiant glow.

## **VOYA Marine Eye Treatment** | *45 minutes - £70*

Using organic Laminaria Digitata seaweed eye compresses, this is a unique treatment for rejuvenating tired eyes. This is a firming, hydrating and results orientated treatment that uses products rich in seaweed extract, green tea and vitamin C. It helps reduce the appearance of fine lines and banish puffiness and dark shadows from the eye area.

## **VOYA AHA Peel Resurfacing Facial** | *45 minutes - £70*

A highly effective resurfacing facial that targets congested, lacklustre, and dull skin. Using a combination of seaweed extract and lactic acids with pineapple fruit enzymes, this facial will give your skin back its natural radiant glow. Our advanced exfoliation treatment assists in diminishing fine lines and brightening the skin's appearance.

## **Elemis Pro Collagen Facial** | *60 minutes - £82*

Tackle fine lines and wrinkles with the clinically proven age defying benefits of marine-charged Padina Pavonica and Red Coral. The targeted massage encourages optimum cellular function for nourished, younger looking skin.

## **Elemis Dynamic Resurfacing Precision Peel** | *60 minutes - £82*

Clinically proven to target the signs of ageing and uneven skin tone, this pioneering precision treatment uses layers of enzymes for powerful exfoliation and skin renewal. A new start for smoother, younger looking skin.

## **Elemis Superfood Radiance Facial** | *60 minutes - £82*

A nutritional boost rich in super foods and essential minerals designed to pack stressed, dull skin with energising, detoxifying actives. Clinically proven to leave skin plumper and radiant with good health, and banish puffiness and dark shadows from the eye area.

## **Elemis Skin Solutions Personalised Facial** | *60 minutes - £82*

Your skin is cleansed, exfoliated and treated with products that are selected by our skin therapists to suit your skins personal needs.



## Express Treatments

A botanical facial that includes a deep cleanse, exfoliation and mask application.

### **VOYA Taster Facial**

*30 minutes - £45*

A seaweed based facial that includes a deep cleanse, exfoliation and mask application.

### **Classic Back, Neck and Shoulder Massage**

*30 minutes - £45*

Using nourishing oil we knead and massage away tension in your back.

### **Aroma Neck and Scalp Massage**

*30 minutes - £45*

Feel your tension drift away while we massage your neck and scalp.



(Available Monday - Thursday only)

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